

Botox-Neurotoxins

CONSENT & WAIVER

I hereby consent to and authorize **Beyond Beauty Medical Aesthetics** to perform the following procedure:

Botox is used in the correction of mild to moderate facial lines, wrinkles, muscle tension and headaches related to muscular movement. All medical and cosmetic procedures carry risks and may cause complications. The purpose of this document is to make you aware of the nature of the procedure and its risks in advance so that you can decide whether to proceed with the procedure. This material serves as a supplement to the discussion you have with your doctor/healthcare provider.

Botox is a neurotoxin produced by the bacterium Clostridium A. Botox can relax the muscles of the face and neck which cause wrinkles associated with facial expressions or facial pain. Whether for cosmetic or therapeutic treatment, Botox can cause your facial expression lines or wrinkles to be less noticeable or essentially disappear. The most frequently treated areas are: **A)** Glabella (frown lines located between the eyes) **B)** Crow's Feet (lateral areas of the eyes) **C)** Forehead wrinkles **D)** Radial Lip Lines (smokers lines) **E)** Head, neck and jaw muscles Botox is diluted to a very controlled solution and when injected into the muscles with a very thin needle, it is almost painless. Patients may feel a slight burning sensation while the solution is being injected. The procedure takes about (15-20) minutes and the results can last up to (3) months. With repeated treatments, the results may tend to last longer.

I understand that the following risks may occur, but there may be unforeseen risks and risks that are not included on this list.

- Post treatment discomfort, swelling, redness, and bruising. Most people have lightly swollen pinkish bumps at the injection site for a few hours or even several days.
- Minor ptosis (drooping) of the eyebrow or eyelid; occurs in approximately 2% of injections, this usually lasts 2-3 weeks. While local weakness of the injected muscles is representative of the expected pharmacological action of botox, weakness of adjacent muscles may occur as a result of the spread of the toxin.
- In some cases, ptosis may lead to the inability to blink, double vision, weakened tear duct, and corneal exposure.
- Post treatment bacterial, and/or fungal infection requiring further treatment.
- Allergic reaction.
- Occasional numbness of the forehead lasting up to (2-3) weeks
- Transient headache
- Flu-like symptoms may occur.

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AFTERCARE

- The results of your treatment can take up to **(14)** days to take full effect. Usually patients notice a change in **(4-5)** days. It takes time for the muscles to lose strength and the lines to fade following Botox® treatment. Please wait until **(14)** days have passed before assessing if you are pleased with the results.
- Botox® Cosmetic is a temporary procedure and at first, you may find that your treatment results will last approximately **(3-4)** months. If you maintain your treatment appointments with the frequency recommended by your clinician, the duration of each treatment results may last longer than 4 months.
- Try to use the injected muscles for the first **(1-2)** hours after treatment: practice frowning, raising your eyebrows and squinting. This helps work Botox® into your muscles. Although this is thought to help, this will not impact your treatment negatively if you forget.



We recommend to wait 12hrs after the treatment before applying make-up



Avoid facials and saunas for 24 hours after treatment



You **MUST** keep your head UPRIGHT for at least 6 hrs after injection.



Do not massage, touch, rub, or manipulate the injection site. Avoid heavy exercise the day of your treatment.



Do not lie down for 6hrs after treatment. Also do not shower, cook over a hot stove.



Avoid taking Advil, Vitamin E, Ginger, Ginko, Bilboa, Ginseng, Garlic for 2 weeks



Avoid alcoholic beverages for the 1st (24) hours after treatment.



Avoid yoga or other rigorous exercise activities, extensive sun or heat exposure